

Lily's Good Cookin'



Choreographed by Lily Iizuka, Tokyo Japan

Description: 32count +32count, 4 wall, Intermediate Line Dance A,A,B,A,A,B,A,A,B,A,A,B,A

Music: Hey Good Lookin' by Buckwheat Zydeco & Dwight Yoakam

<Where There's Smoke, There's Fire © 1990 Island Records.>

Start dance: After 32,counts with Vocal

Note: To fit the phrasing of the music, dance A,A,B,A,A,B..... through the end of the music.

Part A: 32 count

RIGHT DOROTHY-STEP, SWAY,,SWAY, LEFT DOROTHY- STEP, SWAY,SWAY

1-2& Right dorothy-step (to R diagonal)

3-4 Sway left, Sway right

5-6& Left dorothy-step (to L diagonal)

7-8 Sway right, Sway left

CROSS,RECOVER, CHASSE RIGHT 1/4 TURN RIGHT, 1/2 PIVOT TURN RIGHT, FULL TURN

1-2 Cross right over left, Recover on left

3&4 Step right to right side, Step left next to right, turn 1/4 right step right forward,

5-6 Left step forward, Pivot turn 1/2 right (weight on R)

7&8 1/2 turn right step left back ,1/2 turn right step right forward, Step left forward

<Easy Option> Step left forward,Step right next to right, Step left forward

TURNING SWAY (FULL TURN)

1-2 Step right forward (with sway), Left 1/4 turn left sway (weight on L)

3-4 Step right forward (with sway), Left 1/4 turn left sway (weight on L)

5-6 Step right forward (with sway), Left 1/4 turn left sway (weight on L)

7-8 Step right forward (with sway), Left 1/4 turn left sway (weight on L)

TOE STRUT, HEEL STRUT, TOE STRUT, HEEL STRUT, KICK BALL STEP, HEEL TAP, HEEL TAP

1&2& Touch right toe forward,(1) Drop right heel, (&) (Weight on R),

Touch left heel forward,(2) Drop left toe, (&) (weight on L)

3&4& Touch right toe forward,(3) Drop right heel, (&) (Weight on R),

Touch left heel forward,(4) Drop left toe, (&) (weight on L)

5&6 Kick right forward, Step right ball next to left, Step left forward

7-8 Tap right heel twice (slightly right side)

Part B: 32 count

FORWARD SHUFFLE X 2, BACK SHUFFLE X 2

1&2 Right diagonal shuffle forward

3&4 Left diagonal shuffle forward

5&6 Right diagonal shuffle back

7&8 Left diagonal shuffle back

1/4 TURN RIGHT MONTEREY, DWIGHT STEP TRAVELLING LEFT

1-2 Touch Right toe to right side, 1/4 turn right monterey, (weight R)

3-4 Touch left toe to right instep; swivel right heel to the left; Touch left heel to right instep; swivel right toes to the left

5-6-7-8 Repeat 3-4

1/4 TURN LEFT MONTEREY, DWIGHT STEP TRAVELLING RIGHT

1-2 Touch Left toe to left side, 1/4 turn left monterey(weight L)

3-4 Touch right toe to left instep; swivel left heel to the right, Touch right heel to left instep; swivel left toes to the right

5-6-7-8 Repeat 3-4

STEP 1/2 TURN RIGHT COASTER STEP, STEP 1/2 TURN LEFT COASTER STEP

1-2 Step right forward, 1/2 turn right step left back

3&4 Step right back, Step left next to right, Step right forward

5-6 Step left forward, 1/2 turn left step right back

7&8 Step left back, Step right next to right, Step left forward